

AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the International application:

Listing of Claims:

1. (Currently Amended) A matrix with a bioactive component containing phospholipid, the matrix containing 5 to 98% by weight phosphatidyl serine (PS) and 1 to 90 % by weight phosphatidyl choline (PC) as the bioactive component and in addition 1 to 94 % by weight of at least one other component from the series comprising fat component of vegetable and/or animal origin, wax component, polyalcohol component and other physiologically compatible additives, the other matrix components being selected such that the total matrix is solid or paste-like at room temperature and exhibits property of shear dilution.
2. (Currently Amended) The matrix as claimed in claim 1, wherein the bioactive component contains 10 to 40 % by weight ~~and particularly preferably 15 to 30 % by weight~~ of phosphatidyl serine.
3. (Previously Presented) The matrix as claimed in claim 1, wherein the bioactive component contains 2.0 to 20 % by weight of phosphatidyl choline.
4. (Currently Amended) The matrix as claimed in claim 1, containing 10 to 70 % by weight ~~and particularly preferably 20 to 50 % by weight~~ of the fat component and/or 3 to 30 % by weight ~~and particularly preferably 5 to 20 % by weight~~ of the wax component and/or 1 to 30 % by weight ~~and particularly preferably 2 to 20 % by weight~~ of polyalcohol component and/or 1 to 5 % by weight of other physiologically compatible additives.
5. (Previously Presented) The matrix as claimed in claim 1, wherein it contains refined, hydrogenated and/or fractionated fats and in particular those that are rich in omega-3 and/or omega-6 fatty acids such as docosahexaenoic acid, arachidonic acid, eicosapentaenoic acid and conjugated linolenic acid, free fatty acids, in particular omega-3 and omega-6 fatty acids, bee wax, candellila wax, shellac, paraffin, monoglycerides or diglycerides, polyethylene glycol, polysorbate, polyglycerol esters, sugar esters or sorbitan esters, tocopherols and derivatives thereof, tocotrienols and derivatives thereof, polycosanols and derivatives thereof, vitamins such as vitamin C and E also in a derivatized form, amino acids

in particular the essential, branched and non-proteinogenic amino acids such as theanine, amino acid derivatives such as creatine, taurine, carnitine, phytosterols and derivatives thereof, (poly)phenolic compounds and derivatives thereof such as catechol, phenolic acids such as gallic acid, hydroxycinnamic acids, coumarins, (iso)flavonoids such as quercetin or genistein, lignans and lignins as well as tannin, saponins, mono-, sesqui- and di-terpenes, carotinoids such as beta-carotin, lutein or lycopin, glucosinolates, roughage such as non-starch polysaccharides, extracts of vegetable and/or animal origin, physiologically active proteins such as lactoferrin and glycomacropeptide, glycolipids such as sphingosine or (phyto)sphingomyelin and/or mineral components.

6. (Previously Presented) The matrix as claimed in claim 1, wherein the matrix has a water-containing coat.

7. (Previously Presented) The matrix as claimed in claim 6, wherein the coat has a water content of 1.0 to 10.0 % by weight based on total coat.

8. (Previously Presented) The matrix as claimed in claim 6, wherein the coat is composed of gelatin, glycerol, sugar (alcohols), starch, polysaccharides and mixtures thereof.

9. (Previously Presented) The matrix as claimed in claim 8, wherein the coat contains sorbitol as sugar alcohol and carrageenans, alginates and/or pectins as polysaccharide.

10. (Previously Presented) The matrix as claimed in claim 8, wherein the coat contains silicon dioxide, calcium carbonate, dyes that are suitable for foods, colour pigments and/or talcum as further additives.

11. (Currently Amended) The matrix as claimed in claim 6, wherein the weight ratio of the coat to bioactive component is 1 : 0.25 to 10.0 ~~and particularly preferably 1 : 1 to 5.0.~~

12. (Previously Presented) The matrix as claimed in claim 1, having a total diameter of 0.3 to 20 mm.

13. (Cancelled)

14. (Cancelled)

15. (New) Method for strengthening ability to cop with mental and/or physical stress and functional capacity, for improving well-being, for promoting and/or preserving health and for preventing elevated levels of serum cholesterol in a subject, comprising steps of:

- a) providing a matrix as claimed in claim 1;
- b) producing a pharmaceutical preparation comprising said matrix; and
- c) administering an effective amount of said pharmaceutical preparation to said subject.

16. (New) The matrix as claimed in claim 1, wherein the bioactive component contains 15 to 30 % by weight of phosphatidyl serine.

17. (New) The matrix as claimed in claim 1, containing 20 to 50 % by weight of the fat component and/or 5 to 20 % by weight of the wax component and/or 2 to 20 % by weight of polyalcohol component and/or 1 to 5 % by weight of other physiologically compatible additives.

18. (New) The matrix as claimed in claim 6, wherein the weight ratio of the coat to bioactive component is 1 : 1 to 5.0.